



#### You've got a gift!

You use the tarot as a tool to connect and heal people, relationships and situations. You believe every obstacle is an opportunity to heal.

#### You use the past as tool in Tarot Readings

You use the Tarot to focus on bringing balance and alignment to body, mind and spirit through resolving past issues.

## Your Tarot Archetype is The Empress

I will show you how to care for yourself, like you care for others.

This card is from the Fountain Tarot Deck

This deck is deep, modern, touching and compassionate. It is a perfect companion for Tarot readings with healing messages.



# Strengths

Focus on brining balance and alignment

Help release the past

Create healing space for people

## You see the connections in people's lives ...

Connections between different symptoms, experiences, beliefs and patterns and how they all play out for your clients.

You are really good at building rapport and making clients feel honoured and acknowledged.

#### How to develop your skills as a Tarot Healer

You can complement your innate gifts by focusing on the following:



Developing skills in other modalities that facilitate that process and can be incorporated into your readings for example, crystal healing, Reiki and nutrition.



You will be much more effective and help many more people when you set boundaries and care for yourself. Because you have a tendency to give and give, you can put yourself at risk of compassion fatigue.



Be mindful of what you say yes to because you can tend to take on too much. Watch out for spending too much time helping acquaintances or clients and neglecting the people you love.

## Great Readings for the Tarot Healer

It's important to find your own niche with your readings, but in general Tarot Healers enjoy readings that:



Help people heal past relationships and traumas and move on to a future that is free from negative patterns.



Working with people whose emotional pain is manifesting in the physical body and are ready to release and heal.



Allow you to bringi in alternative modalities for healing into your readings to deepen the practice for your client.

## Your Guided Reading

The following tarot spread is to be used intuitively so even if you are a complete beginner you can start your journey right here. If you don't currently own a Tarot deck you can use a Free Tarot app to complete the reading.

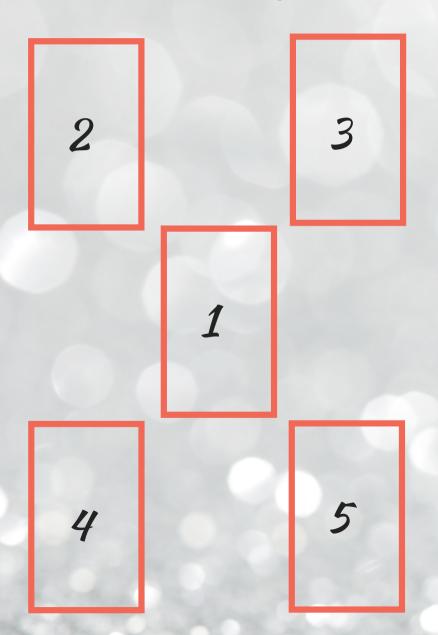
#### Getting Started

Take some quiet time and create a sacred space before you shuffle your deck and cast the cards in the tarot spread.

With a journal, look at the questions for each card. The questions will help you delve into the secrets of each position.

If, at any time you are unsure about the tarot cards you have in your reading please use the support of the <u>Tarot Readers Academy Facebook Group</u> for aid and inspiration.

## Your Tarat Spread



- 1. My Tarot Journey
- 2. My Strengths
- 3. My Opportunities for Growth
- 4. My Blocks
- 5. Guidance Needed

Take some time to write about your interpretations or intuitive feelings about this card. You can use the questions on the next pages to help your writing flow.

## 1. My Tarot Journey

This tarot card represents you as you are now and where you are at the beginning of your tarot journey as a Tarot Healer.



How do you feel about this card?



Do you view it is an accurate representation of where you are at with your tarot journey?

## 2. My Strengths

This tarot card represents your strengths as a Tarot Healer. What you are able to bring to your readings that no one else can and how you can help your future clients.



How does this card represent your strengths, how can you relate to this card?



Do you feel you are owning your strengths or do you need to step into them more fully?

## 3. My Opportunities for Growth

This tarot card represents the opportunities you are being presented with to grow as a reader. This can be spiritual, mental, physical or emotional, so be sure you check the type of tarot card you get for clues!



In what areas do you feel you can grow as a Tarot Healer?



Are you excited about this or is it daunting?

## 4. My Blacks

This tarot card represents the blocks that you may have at the moment that are holding you back from stepping forward on your journey. This as an opportunity to clear some energies that no longer serve you.



How can you help move this energy and release it?



Was this a surprising card for you? If so, why?

## 5. Guidance Meeded

This tarot card represents your spirit guides or higher-self's guidance to you as you continue your journey as a Tarot Healer.



How can you put this guidance into action?



What step can you take next to continue your Journey exploring the Tarot?

## What's Mext

Now you've started to explore your path as a Tarot Healer. You have reflected on your journey, the strengths that will support you, the areas for improvement, the blocks that are holding you back and the guidance you need to move forward.

The journey of becoming a powerful tarot reader requires much self reflection and introspection. It also requires a thirst for learning the Tarot system and developing your own style and wisdom using the cards.